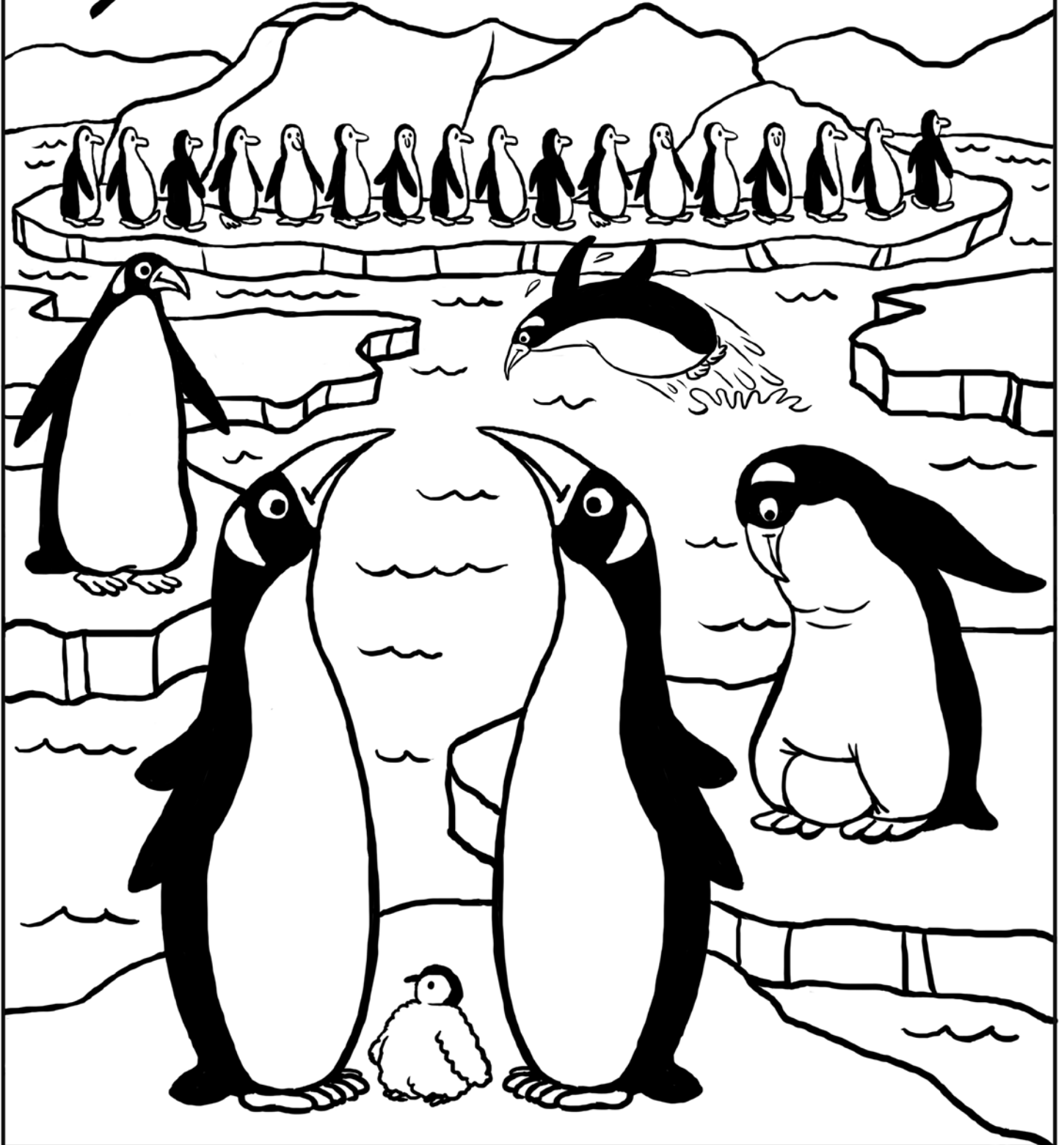


Polar Extremes



**“Love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind,
and with all thy strength. . . . Love thy neighbour as thyself” (Mark 12:30, 31).**

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